

## **DOWN SYNDROME JUST A DELAYED MILESTONE**

Extra chromie, they said Nothing different, I said. Excess love, happiness, joy and peace They are brought to earth by angels and gods To teach us all what's acceptance with odds Courage and determination, they taught To everybody around, who couldn't have thought

"I am no different, but definitely extra special, I'm" they say;

Every milestone they achieve, is no less than a celebration

Yes, they are much adorable; more loving; more intelligent.

For a reason, for the extra blessing they carry from the angels.



Are you ready to know our little angels?

Tushti is pretty, Tushti is nice,
Sweet and witty, Tushti is wise
Mumma, Papa, Dada her
favourite she'd say
Thought she's naughty but
smiles all troubles away

Ridit loves the stars and likes to watch the moon,
He likes to play with toys and also with balloons,
He loves to watch cartoons and dancing he enjoys,
Just like any other 9 yr old girl or boy

Swami is a tiny little baby, so precious and small,
He is still exploring the world and is loved by all,
Toothless grin so sweet, Little hands and feet
Little eyes that shine so bright and little arms to hug you tight

Some kids can study, some can dance and draw,
Some maybe good with music, some with jigsaw,
every child is different, no one deserves a flout,
so why just Tushti, Ridit, Swami be the odd one out?



Schools, parks, malls, pools and cinema halls, Ridit, Tushti, Swami like them all But not the pity or the stare or the syndrome, Or being judged because of their extra chromosome

Lord gave them life, to live and embrace, and they'll do it all only at their pace.

We want your acceptance, that

really is our aim,
We look at them as just kids,
hope you do the same





The difference between ordinary and extraordinary is that little "extra". Everything had beauty but not everyone sees it. They don't suffer from down syndrome but they suffer from the way the world treats them. Down Syndrome is a part of them and not everything that they are. They are so much more than a diagnosis

- Keep a flexible approach towards them
  - Encourage them to be independent
- Be inclusive, appreciate their differences and enjoy their diversity
- Offer your help when needed and provide immediate positive reinforcement when they produce a correct response.
- If they make a mistake, do not say, "that's wrong." Instead, ask him or her to try again
  - Support don't judge
- Different mindset is their strongest asset
  - Promote language development
  - Reinforce positive behaviour

## SOMOW DO WE CONCLUDE.JUST INCLUDE!!

